

**Zone report for 1A**

This year has seen many challenges, we are on our way to rebuilding our palliative care department and moving ahead.

In May 5 RN's lost their positions on the Pall Care Unit and had to go elsewhere. Three full time positions and two part time. These positions were replaced by LPN's. They all received a mini-LEAP course and started on the unit at the same time. Presently the unit is functioning very well.

This fall we had vacancies in both the Nurse Manager and Resource Nurse positions. Our new Nurse Manager (for the oncology and palliative care department) started two weeks ago. We are still waiting for the Resource Nurse position to be filled.

Doris Ann Savoie will be giving a LEAP course in the spring to the EM staff at Blanche Bourgeois.

The Onco-pall clinic is running 3 days a week.

We do not do weekly rounds; however the palliative care physician visits daily.

The chaplain visits once or twice daily and is a great support for the patients and their families.

Volunteers sent sympathy cards to the families who have lost loved ones.

On May 11<sup>th</sup> we will be promoting the Speak up/Parlons-en campaign and selling NBHPCA jewelry....at the hospital entrance.

Upcoming.....education session promoting Speak Up/Parlons-en and general palliative care info for nursing staff at the hospital.

Statistics for palliative care department at CHU Dumont from January to December 2014

312 consultations

169 deaths

22 admissions

152 transfers to the department from within hospital.

<b>Zone #: 1B</b>	<b>Zone Representatives:</b>  Joanne Adair	<b>Date of Report:</b>  January 2015
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**Zone Meetings:**

<u>Date(s)</u>	<u>Summary of initiatives/events/fund raising</u>
	<p><b>Meeting to prepare for the Fashion Show and Tea.</b></p> <p><b>Meeting to prepare for Turners Christmas at the Coliseum.</b></p>

**New Members:**

<u>Name</u>	<u>Contact Made Via</u>

**Zone Update:**

<u>Palliative Physician Resources</u>	
<u>EMP Update/Rounds:</u>	
• <u>Frequency</u>	
• <u>Members</u>	
<u>Community Emergency Palliative Care Kit</u>	
<u>Inpatient Care/Rounds</u>	
<u>Palliative Certification</u>	

<u>Education:</u>	HGM sent two members to LEAP.
<ul style="list-style-type: none"> <li>• Presentations</li> </ul>	HGM provided several public presentations and met with Hospice Shediac.
<ul style="list-style-type: none"> <li>• Online courses reviewed</li> </ul>	
<u>Memorial Service</u>	<p>HGM participated in a Christmas candlelight memorial service in December at Fairhaven Funeral Home.</p> <p>Date: _____ Location: _____</p>
<u>National Palliative Care Week</u>  <u>Date:</u> 2015	
<u>Hike for Hospice</u>  <u>Date:</u> <b>May 3, 2015</b>	HGM will organize local Hike for Hospice on May 3, 2015.
<u>Local Hospice Association</u>	<p><u>Hospice Greater Moncton</u></p> <ul style="list-style-type: none"> <li>• In-home palliative care: received 32 client referrals in 2014. Average 4-6 clients per month; approx. 15 volunteers trained and new training session planned for spring 2015. There is no charge to receive this service.</li> <li>• Grief and Bereavement Group: Fall 2014 session had between 6-14 people attending. Next session planned for spring 2015. There is no charge to attend this program. Call 383-2404 to register.</li> <li>• Angels Remembered fundraising campaign Dec 2014: raised \$9500</li> <li>• NBHPCA Zone !B held Fashion Show netting \$1600 for HGM</li> <li>• Running room "Clear the trails" event for HGM in Nov</li> <li>• Publicity: 3 letters in Times&amp;Transcript for palliative care and residential hospice. Media coverage for Dec break-in raised donations and awareness. Met with new local MLA's. Presented to several community groups.</li> <li>• member of working group for NBHPCA provincial business plan for residential hospices</li> <li>• HGM ED chairs the NBHPCA Communications Committee</li> <li>• 2014 in review: Increased publicity, partnerships, communications; improved internal financial, receipting and system processes; planning for events and fundraising; established (and exceeded) sales goals at Shoppe; updated web site format and content; and improved support and training for volunteers</li> </ul> <p><u>Hospice Shediac</u></p> <ul style="list-style-type: none"> <li>• Held successful House tour fall 2014</li> <li>• Average 1 In-home palliative client</li> </ul> <p><u>Tantramar Hospice Palliative Care Organization</u></p> <ul style="list-style-type: none"> <li>• Donated equipment to the Extra-Mural Program in Sackville: a geo-matrix gel mat, a heel protector pad, and a bed-rail.</li> </ul>

<u>Grief and Bereavement</u>	

<b>Zone #:</b> 2	<b>Zone Representatives: Dr Jessica Hemmings, Melody Mayberry RNBN</b>	<b>Date of Report:</b> Jan 16, 2015
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**Zone Meetings:**

<u>Date(s)</u>	<u>Summary of initiatives/events/fund raising</u>
	<b>Sale of earrings and pins ongoing</b>

**New Members:**

<u>Name</u>	<u>Contact Made Via</u>

**Zone Update:**

<u>Palliative Physician Resources</u>	<b>Dr Julia Wildish-Full time</b>  <b>Dr Jessica Guimond-Hemmings-Full Time</b>  <b>30 hour/week of sessional fees used by rota of family physicians for palliative care work including coverage of PCU and inpatient off-service consultations weekdays and weekends</b>
<u>EMP Update/Rounds:</u>	<b>Interdisciplinary Rounds every other week at each Extra-Mural unit.</b>
• <u>Frequency</u>	<b>As above</b>
• <u>Members</u>	
<u>Community Emergency Palliative Care Kit</u>	<b>There are Palliative Care kits available in all the Saint John area with the exception of Grand Manan.</b>

<u>Inpatient Care/Rounds</u>	<b>Palliative Care Rounds held each Thursday</b>
<u>Palliative Certification</u>	<b>EMP Palliative care Coordinator and 3 RN's from PCU</b>
<u>Education:</u>	<b>Ongoing</b>
<ul style="list-style-type: none"> <li>• Presentations</li> </ul>	<b>Regular participation in the CHPCA webinars. Information shared throughout Extra Mural Saint John Area. We are beginning discussion with local group on Advance Care Planning/Speak Up Campaign</b>
<ul style="list-style-type: none"> <li>• Online courses reviewed</li> </ul>	<b>Leap will be continued at least 2 times per year and hopefully including some "mini leap" sessions specific for the physician group.</b>
<u>Memorial Service</u>	Date: <u>spring</u> Location: <u>SJRH</u>
<u>National Palliative Care Week</u> <u>Date: May 5 – 11, 2015</u>	
<u>Hike for Hospice</u> <u>Date: May 5, 2015</u>	
<u>Local Hospice Association</u>	
<u>Grief and Bereavement</u>	More specific guidelines have been discussed and suggested including using common pamphlets, letters and cards. Difficult to implement across the board suggestions as each area is unique.

<b>Zone # 3</b>	<b>Zone Representatives: Susan Currie</b>  <b>Dr Debra Gowan</b>  <b>Dr B Sainz</b>	<b>Date of Report:</b>  <b>January 19, 2015</b>
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**Zone Meetings:**

<u>Date(s)</u>	<u>Summary of initiatives/events/fund raising</u>

**New Members:**

<u>Name</u>	<u>Contact Made Via</u>

**Zone Update:**

<u>Palliative Physician Resources</u>	Dr D Gowan, Dr B Sainz, Dr Jennifer Gillis-Doyle, Dr D Bell, Dr C Lockhart  Second full time palliative physician consultant has been secured and Dr Jennifer Gillis Doyle started in September 2014.
<u>EMP Update/Rounds:</u>	
• <u>Frequency</u>	EMP Fredericton does rounds 3x's/mth ; EMP Oromocto does monthly rounds  Weekly rounds @ EMP Perth, EMP Woodstock
• <u>Members</u>	
<u>Community Emergency Palliative Care Kit</u>	Available at all EMP sites throughout Zone 3.
<u>Inpatient Care/Rounds</u>	At the Dr Everett Chalmers Hospital, Oromocto Public Hospital, and Upper River Valley Hospitals weekly rounds are occurring.
<u>Palliative Certification</u>	5-6 RN's with certification (1 in PerthEMP) (1 at EMP Fredericton & Perth), CNS Palliative Care, 3 @ DECH

<u>Education:</u>	
<ul style="list-style-type: none"> <li>• Presentations</li> </ul>	<ul style="list-style-type: none"> <li>• LEAP delivered 2 x's/yr @ The Dr Everett Chalmers Hospital – last given in October and first session in 2015 is scheduled for the DECH – April 24 &amp; 27.</li> <li>• CNS does formal education with some of the hospital &amp; EMP sites,</li> </ul>
<ul style="list-style-type: none"> <li>• Online courses reviewed</li> </ul>	Webinars – CHPCA – January 13 – Challenges Associated with Home Based Palliative Care
<u>Memorial Service</u>	Held 2x's/yr @ DECH – May & November Held yearly @ OPH
<u>National Palliative Care Week</u>  <u>Date:</u>	
<u>Hike for Hospice</u>  <u>Date:</u> May 3, 2015	
<u>Local Hospice Association</u>	Construction ongoing and expected to be completed July 2015. 2.5 million dollars raised for the building. Proposal forwarded to the government re operational funding. Hope to be able to admit patients for the fall of 2015 – 10 beds. Working on an initiative to have a future day program for relief care.
<u>Grief and Bereavement</u>	Referrals for the program are on an increase. Next session planned for March 8, 15. Take 8 participants.

<b>Zone #: 4</b>	<b>Zone Representatives: Sylvette Guitard Mélanie Veilleux</b>	<b>Date of Report: 2015/01/16</b>
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**Zone Meetings:**

<u>Date(s)</u>	<u>Summary of initiatives/events/fund raising</u>

**New Members:**

<u>Name</u>	<u>Contact Made Via</u>

**Zone Update:**

<u>Palliative Physician Resources</u>	<b>Dr. Marie Bouchard, Dr. Yvan Lorquet, Dr. Luce Albert-Daigle and Dr. Michelle Michaud are providing 15 hours/week of palliative care services. They cover both inpatient and community patients.</b>
<u>EMP Update/Rounds:</u>	
• <u>Frequency</u>	<b>The palliative care patients are visited at least once a week or more depending on their condition.  Weekly meetings are held by the palliative care team.</b>
• <u>Members</u>	<b>Doctors, nurses, physiotherapists when needed, occupational therapists, dietician, social worker, pharmacist, chaplain, coordinator of volunteers/spiritual and religious care. A speech therapist is also available with the extra mural.</b>
<u>Community Emergency Palliative Care Kit</u>	<b>Policy is always in place and has been used a couple of times this year.</b>
<u>Inpatient Care/Rounds</u>	<b>The palliative care patients are visited every day.  Weekly meetings are held by the palliative care team.</b>
<u>Palliative Certification</u>	<b>One nurse from the palliative care unit is certified.</b>
<u>Education:</u>	
• Presentations	<b>At the hospital, there were 1 LEAP presentation in 2014 for nurses and 1 modified session was given to licenced practical nurses and health care assistants in palliative care. All the nurses from extra mural have participated at LEAP.</b>



<ul style="list-style-type: none"> <li>• Online courses reviewed</li> </ul>	
<u>Memorial Service</u>	<p><b>A commemorative mass is organized regularly by the volunteer services.</b></p> <p>Date: _____ Location: _____</p>
<u>National Palliative Care Week</u>  <u>Date: ???, 2015</u>	<p><b>Activities take place at the palliative care unit at the hospitals.</b></p>
<u>Hike for Hospice</u>  <u>Date: May 3, 2015</u>	
<u>Local Hospice Association</u>	
<u>Grief and Bereavement</u>	<p><b>One week after the patient has deceased; the palliative care team from the hospital sends a card to the family. Two weeks before Christmas, another card is sent to the family from the hospital and extra mural.</b></p>

<b>Zone #:</b> 6 B	<b>Zone Representatives:</b> Shirley Vienneau, Dr. Julie Langlois	<b>Date of Report:</b> January, 2015
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**Zone Meetings:**

<u>Date(s)</u>	<u>Summary of initiatives/events/fund raising</u>
	Our zone is working on the upcoming annual conference April 2015

**New Members:**

<u>Name</u>	<u>Contact Made Via</u>

**Zone Update:**

<u>Palliative Physician Resources</u>	Dr. Julie Langlois offers consultations for inpatient and on an outpatient basis. She is also available to EMP and accepts consults to do home visits and accepts patients who do not have a primary family physician.
<u>EMP Update/Rounds:</u>	
• <u>Frequency</u>	Done every Thursday A.M.
• <u>Members</u>	All multidisciplinary staff of the EMP department
<u>Community Emergency Palliative Care Kit</u>	Not available yet but being worked on by pharmacy and other stakeholders.
<u>Inpatient Care/Rounds</u>	Done every week on the palliative care unit
<u>Palliative Certification</u>	-
<u>Education:</u>	
• Presentations	LEAP have been given 2 times per year but number of attendees has been decreasing

<ul style="list-style-type: none"> <li>• Online courses reviewed</li> </ul>	
<u>Memorial Service</u>	Arranged 3 times per year by the volunteer services at the hospital and is held at Elhattons Funeral Home Chapel
<u>National Palliative Care Week</u>  <u>Date:</u> May 3 – 9, <b>2015</b>	
<u>Hike for Hospice</u>  <u>Date:</u> May 3, <b>2015</b>	Planning a walk to be held during the annual conference inviting participants of the conference to take part as well as the public.
<u>Local Hospice Association</u>	Chaleur Palliative Community Services (CPCS) operates in the area with volunteers going to clients home or if they are admitted to the hospital to help the families or clients.
<u>Grief and Bereavement</u>	Bilingual sessions held on a regular basis 2 -3 times per year by EMP Social Worker Carmen Bouchard and Social Worker from Palliative unit at hospital Lynn Cormier Landry

## ZONE 7

EMP Miramichi provides 2 memorial services per year for the families of our deceased patients. The next service will be held May 3<sup>rd</sup>, 2015.

Debriefing sessions will now be incorporated into our general staff meetings.

We have also compiled grief packages to distribute to staff members at EMP when they have suffered the loss of a friend or family member. It is our hope that this will help support staff through this grieving period in their own lives.

We have been mailing Famcare surveys to the families of our deceased clients to evaluate their satisfaction with our palliative service. So far the comments have been very positive.

EMP will also be participating in the instruction of the updated LEAP program planned for our region on May 11<sup>th</sup>, 14<sup>th</sup> and 15<sup>th</sup>.

We have been using the new Cadd Solis VIP pumps for pain management (with our palliative patients) with very positive feedback from staff.

Our palliative care coordinator has participated in the evaluation of the palliative care training for new staff members at EMP, and we continue to promote the role of hospice volunteers for our palliative clients.

Finally, our unit has been actively participating in an efficiency program to identify any areas of improvement in our program.