



The New Brunswick Hospice Palliative Care Association
L'Association de soins palliatifs du Nouveau-Brunswick

ZONE REPORT

<u>Zone #: 1B</u>	Zone Representatives: Lana Hebert and Amanda McKenna	Date of Report: September, 2013
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Zone Meetings:

<u>Date(s)</u>	<u>Summary of initiatives/events/fund raising</u>
	<ul style="list-style-type: none"> • Supper meetings – June and September • Fund raising continues through the sale of dragon fly patio screen savers and dragon fly mugs raises with 10% of sales submitted to NBHPCA. • Six bursaries to LEAP, including NBHPCA membership, have been awarded with more planned for the next LEAP session.

New Members:

<u>Name</u>	<u>Contact Made Via</u>
25 Active	Annual Conference
8 Active	Colleagues, zone meetings
6 Active	Through LEAP Bursaries
Hospice Greater Moncton	Group Member

Zone Update:

<u>Palliative Physician Resources</u>	<ul style="list-style-type: none"> • Dr. Mansfield-1.0 FTE • Dr. Searle -1.0 FTE • Dr Phelan -16 hours per week
<u>EMP Update/Rounds:</u>	
• <u>Frequency</u>	• Rounds are held every second and fourth Tuesday of the month
• <u>Members</u>	• Inter-professional team
<u>Community Emergency Palliative Care Kit</u>	• Developed and operational
<u>Inpatient Care/Rounds</u>	• Every Tuesday at 0900 hours.
<u>Palliative Certification</u>	<ul style="list-style-type: none"> • One nurse passed her certification however she is being displaced. • Currently have 13 RN's with Hospice Palliative Care Certification.
<u>Education:</u>	
• Presentations	<ul style="list-style-type: none"> • Lunch and Learn every month. • LEAP Spring and Fall
• Online courses reviewed	• Thrombosis Management of Cancer Patients
<u>Memorial Service</u>	• Date: <u>November and May</u> Location: <u>The Moncton Hospital</u>

<u>National Hospice Palliative Care Week</u> Date: May 5 – 11/13	<ul style="list-style-type: none"> • Cake • Poster presentation • Dr. Mansfield CBC interview
<u>Hike for Hospice</u> Date: November 16, 2013	<ul style="list-style-type: none"> • The Moncton Running Room will be doing the Hike for Hospice on November 16.
<u>Local Hospice Association</u>	<ul style="list-style-type: none"> • Land has been donated for the building of a Residential Hospice in Greater Moncton . Hospice Greater Moncton must break ground before 2017 in order to keep the land, if the building project has not been started by 2017 the land will revert back to the donors, the HUMLEWSUN Lion’s Club. • The Spring Yard sale organized by NBHPCA Zone 1B Raised \$730 for Hospice Greater Moncton Building’s Fund • Fall Tea and Hospice Shoppe Fashion show on Sept 14th, 2013. This joint venture between NBHPCA Zone 1B and Hospice Greater Moncton raised \$1,400.00 for the building fund. • The In-Home Palliative Volunteer Training course started on Sept 5th and runs until Oct 31st. Eighteen new volunteers will be trained for in home palliative support in our region. • The Hospice Shoppe will be involved in a Pancake Breakfast on November 16th as well. The Shoppe will also be holding a Christmas Gift Basket Raffle. The Value of the basket will be close to \$500 • Hospice Greater Moncton aims to put up to \$50,000 into our Residential Hospice Fund from our Annual Benefit Concert with Robert Pilon and Friends at the Capitol Theatre.
<u>Grief and Bereavement</u>	<ul style="list-style-type: none"> • Hospice Greater Moncton’s seven-week Grief and Bereavement Support Group started its fall session on Sept. 24th and will run until November 5th. There are currently twenty people in this group. • Hospice Greater Moncton has been approached by pediatric oncology and we are working to start up a new Grief Support and Recovery Groups only for parents who have lost children. More information will follow.







**New Brunswick Hospice Palliative Care Association (NBHPCA) Zone 1B
Bursary Application Form Zone 1B**

Personal Information

Name: _____ Date: _____

Address: _____

_____ Phone number: _____

Position Presently Held: RN LPN Other _____

Present Employer: _____

How long do you expect to remain in this position _____

How long have you been in your current position _____

Bursary For Which You Are Applying

Name: _____

Location: _____ Dates: _____

Registration Fee and Due Date: _____ Total Request: _____

Accepted applicants will receive a complementary membership for 1 yr to NBHPCA

Limited Funds Available

Ce formulaire est disponible en Français se requis.

SVP contactez Claudette.McGill@horizonnb.ca

Please send completed form by email to Joan.Peddle@horizonnb.ca

Mailing address 67 Mailhot Avenue, Moncton, NB, E1G 1S6

Total Request _____

Date: _____

Signature: _____

Date of Approval: _____

Signatures: _____

Zone #: 3	Zone Representatives: Susan Currie CNS Palliative Dr Beatrice Sainz	Date of Report: September 23, 2013
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Zone Meetings:

<u>Date(s)</u>	<u>Summary of initiatives/events/fund raising</u>

New Members:

<u>Name</u>	<u>Contact Made Via</u>

Zone Update:

<u>Palliative Physician Resources</u>	Dr D Gowan - Fredericton Dr Bea Sainz - Oromocto Dr Colin Lockhart – Upper River Valley Dr David Bell – Perth Approval received to hire the second palliative care physician for the Fredericton area. Position is currently being advertised.
<u>EMP Update/Rounds:</u>	Monthly
• <u>Frequency</u>	
• <u>Members</u>	
<u>Community Emergency Palliative Care Kit</u>	All 4 EMP Units have access to these.
<u>Inpatient Care/Rounds</u>	Weekly DECH PCU and Oromocto rounds
<u>Palliative Certification</u>	8 Nurse with CNA certification

<u>Education:</u>	
<ul style="list-style-type: none"> • Presentations 	<p>LEAP done 2 x's/yr – Approximately 100 people have received this training. Next LEAP training scheduled for October – 30 people registered at present.</p> <p>Monthly articles (focusing on palliative care) sent out to 40 contacts throughout the zone, who then disseminate the article in their workplace – this is the 8 th yr for this endeavour.</p>
<ul style="list-style-type: none"> • Online courses reviewed 	
<u>Memorial Service</u>	Held twice/yr at DECH. Held yearly at OPH
<u>National Palliative Care Week</u> <u>Date: May 5 – 11, 2013</u>	
<u>Hike for Hospice</u> <u>Date: May 5, 2013</u>	
<u>Local Hospice Association</u>	
<u>Grief and Bereavement</u>	Available through Fredericton Hospice.

Zone #: 4	Zone Representatives: Sylvette Guitard Mélanie Veilleux	Date of Report: 2013/09/17
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Zone Meetings:

<u>Date(s)</u>	<u>Summary of initiatives/events/fund raising</u>

New Members:

<u>Name</u>	<u>Contact Made Via</u>

Zone Update:

<u>Palliative Physician Resources</u>	Dr. Marie Bouchard, Dr. Yvan Lorquet and Dr. Luce Albert-Daigle are providing 15 hours/week of palliative care services. They cover both inpatient and community patients.
<u>EMP Update/Rounds:</u>	
• <u>Frequency</u>	The palliative care patients are visited at least once a week or more depending on their condition. Weekly meetings are held by the palliative care team.
• <u>Members</u>	Doctors, nurses, physiotherapists, occupational therapists, dietician and social worker.
<u>Community Emergency Palliative Care Kit</u>	Policy is always in place and has been used a couple of times this year.
<u>Inpatient Care/Rounds</u>	The palliative care patients are visited every day. Weekly meetings are held by the palliative care team.
<u>Palliative Certification</u>	One nurse from the palliative care unit is certified.
<u>Education:</u>	
• Presentations	LEAP training has been provided to EMP nurses in Grand-Sault and is presently provided to hospital and EMP nurses in Edmundston and Saint-Quentin.

<ul style="list-style-type: none"> • Online courses reviewed 	
<u>Memorial Service</u>	<p>A commemorative mass is organized regularly by the volunteer services.</p> <p>Date: _____ Location: _____</p>
<u>National Palliative Care Week</u> <u>Date:</u> May 4 – 10, 2014	<p>The first meeting to plan the activities will be held on February 20th.</p>
<u>Hike for Hospice</u> <u>Date:</u> May 4, 2013	<p>We tried to promote this event to the palliative care team at the Edmundston regional hospital, but there weren't enough people interested to help us organise this event. For this reason, we decided not to do it this year.</p>
<u>Local Hospice Association</u>	
<u>Grief and Bereavement</u>	<p>One month after the patient has deceased; the palliative care team sends a card to the family. At Christmas, another card is sent to the family.</p> <p>Grief and Bereavement sessions will be available to families who have lost their loved ones in October. The sessions are organized by the Volunteer and Spiritual and Religious care coordinator.</p>

Zone #:5	Zone Representatives: Fabien Pelletier	Date of Report: 10/09/2013
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Zone Meetings:

<u>Date(s)</u>	<u>Summary of initiatives/events/fund raising</u>

New Members:

<u>Name</u>	<u>Contact Made Via</u>

Zone Update:

<u>Palliative Physician Resources</u>	For EMP- Dr Louis Bujold
<u>EMP Update/Rounds:</u>	
• <u>Frequency</u>	Q week
• <u>Members</u>	EMp complete team –OT,RT,RN,PT etc...
<u>Community Emergency Palliative Care Kit</u>	We are working on this for the last two years. Everything is ready but we're waiting for the final approval for the policy. We expect to start in October if things go well!
<u>Inpatient Care/Rounds</u>	Q week at the regional hospital
<u>Palliative Certification</u>	LEAP was initiate in the last year and we're waiting for new dates
<u>Education:</u>	
• Presentations	

<ul style="list-style-type: none"> • Online courses reviewed 	
<u>Memorial Service</u>	Date: _____ Location: _____
<u>National Palliative Care Week</u> <u>Date:</u> May 5 – 11, 2013	
<u>Hike for Hospice</u> <u>Date:</u> May 5, 1013	
<u>Local Hospice Association</u>	
<u>Grief and Bereavement</u>	

Zone #: 6A	Zone Representatives: Shirley Vienneau BScN , Dr. Julie Langlois	Date of Report: September, 2013
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Zone Meetings:

<u>Date(s)</u>	<u>Summary of initiatives/events/fund raising</u>
Last Thursday of every month	Chaleur Palliative Care Committee – Multidisciplinary team from CRH and EMP that is headed by Dr. Julie Langlois. Mandate of the committee is to work towards improving care in the Bathurst Palliative Care Unit and EMP. Routine orders are in the process of being written and approved. Updates on education sessions and LEAP programs are given.

New Members:

<u>Name</u>	<u>Contact Made Via</u>

Zone Update:

<u>Palliative Physician Resources</u>	Dr. Julie Langlois offers consultations for in patients and home visits on a fee for service basis. Dr. Langlois also participates in the weekly palliative rounds at EMP and Palliative Care Unit at hospital. She is also responsible for the teaching of the LEAP sessions in the Bathurst region.
<u>EMP Update/Rounds:</u>	
• <u>Frequency</u>	Rounds are held every Thursday morning
• <u>Members</u>	Multidisciplinary team of EMP, all nursing staff and Dr. Julie Langlois
<u>Community Emergency Palliative Care Kit</u>	Kit still not available and there has been no information given to us as to when it may be possible. Dr. Pam Mansfield has sent an open letter to officials of Vitalite, and EMP representatives to stress the importance of having this kit in our community.
<u>Inpatient Care/Rounds</u>	Patients in the palliative Care Unit are under the care of their own family physician and the physician can choose if they want to consult Dr. Langlois. Rounds on the Palliative Care Unit are every Tuesday. Palliative beds are still being used for medical patients when bed shortages occur.

ZONE REPORT

Zone #: Miramichi, 7	Zone Representatives: Cassandra Dolliver and Francine LeBlanc	Date of Report: September 26, 2013
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Zone Meetings:

<u>Date(s)</u>	<u>Summary of initiatives/events/fund raising</u>
	n/a

New Members:

<u>Name</u>	<u>Contact Made Via</u>
	n/a

Zone Update:

<u>Palliative Physician Resources</u>	Dr. Carl Hudson is our Palliative Physician. He is allocated 4 hrs/week to the Palliative patients within our 4 bed unit. He does not see the palliative patients that are throughout the hospital unless specifically consulted by the patients' family physician.
<u>EMP Update/Rounds:</u>	As of July 2013, the Miramichi EMP has a new Full-Time Palliative Coordinator/Liaison, Beth McCloskey.
• <u>Frequency</u>	n/a
• <u>Members</u>	n/a
<u>Community Emergency Palliative Care Kit</u>	The Miramichi has accessed their Emergency Drug Box for EMP, 5 times in the past year. Policy and Protocol are in place.
<u>Inpatient Care/Rounds</u>	Miramichi Hospital posted the full-time Palliative Care Coordinator position and Cassandra Dolliver RN, BScN, CHPCN(C) commenced duties in April 2013. We are currently developing and implementing a Palliative Care Service that is offered throughout the hospital and is not limited to the 4 patient unit. This is to ensure that all Palliative patients and their families receive standardized Palliative care.

	<p>When a patient is initially consulted to the Palliative Care Team, Social Work, Clergy and the Palliative Coordinator provide daily visits while in the Palliative Unit or throughout the hospital. This allows the Palliative Coordinator the opportunity to build rapport with the staff in hospital and provide incidental teaching to ensure patients receive good symptom management and emotional support.</p> <p>Hospital is working on the utilization of the Palliative Performance Scale. Incidental education has been offered and will become more formal once the form is an official legal document that will be kept on the chart. This is presently being initiated with the Nursing Practice Coordinator.</p> <p>The Palliative Coordinators in both hospital and EMP are working together to create a seamless transition between hospital and home. Both Coordinators attend Hospital Oncology Rounds every second week and attend Oncology Team Meetings and weekly in Hospital Palliative Rounds.</p> <p>A care model reviews was completed and discussions with staff lead to a change in the RN rotations. The RN's will be rotating 6 weeks at a time into the Palliative Unit. All RN's must have completed LEAP first before working in the Palliative Unit.</p> <p>Palliative Rounds are held every Thursday morning.</p> <p>Miramichi Hospital has launched its Palliative Volunteer Program in August 2013. Palliative trained volunteers visit the Palliative unit and off service palliative patients daily. There will be different programs offered, such as fresh bread baking, Dr.Amy, Life Legacy Workbooks, ect. The program is in its early stages and will most likely be adjusted to patients and family needs as identified.</p>
<u>Palliative Certification</u>	<p>The Palliative Care Coordinator received certification in 2010.</p> <p>Of the staff working in the Palliative Unit, no nurses have the CNA certification in Palliative Care. EMP has 3 Certified Nurses. Beth McCloskey will be applying to write in the spring of 2014.</p>
<u>Education:</u>	<p>LEAP training is ongoing. The program is offered twice a year with shared responsibilities between hospital and EMP. To date we have approx. 70 nurses and members of the interdisciplinary team that have completed LEAP. The next LEAP is OCT.15,24,25. There are 20 seats and at present 37 applicants for this session.</p> <p>There could be a need for more than 2 sessions a year, we have yet to include outside healthcare providers such as nursing home employees. There is also a need for more facilitators. 3 staff members (we are still looking for a fourth) will be attending LEAP in Moncton with Dr.Mansfield to learn how to facilitate. This will assist with decreasing costs of hiring facilitators from outside the facility.</p>
<ul style="list-style-type: none"> • Presentations 	n/a
<ul style="list-style-type: none"> • Online courses 	n/a

reviewed	
<u>Memorial Service</u>	<p>Last Memorial Service was September 15th with 37 patients being remembered, 20 patients were represented by approximately 100 people. The next memorial is November 17th and will remember approximately 40 patients.</p> <p>EMP has 2 memorial services a year. With the next being November 3rd with 76 people being remembered.</p> <p>There is often an overlap between EMP and Hospital with the Palliative patients and so in our invitations, we express that the families not feel obligated to attend both services.</p> <p>Date: _____ Location: _____</p>
<u>National Palliative Care Week</u> <u>Date:</u> May 5 – 11, 2013	n/a
<u>Hike for Hospice</u> <u>Date:</u> May 5, 2013	n/a
<u>Local Hospice Association</u>	<p>Hospice Miramichi Inc. the non- profit charitable organization has made remarkable gains since it formed its inaugural Board in March 2011. In December that same year the organization was given exclusive use of the former Bishop’s Palace & grounds located beside Saint Michael’s Basilica at 14 Howard Street. The historical landmark has, in the past, been affiliated with St. Thomas University and, most recently, housed the sisters of the Religieuses Hospitaliers de St. Joseph.</p> <p>The goal of Hospice Miramichi Inc. is to establish a fully residential palliative care facility within the next 4-5 years. The residential facility will be home to palliative patients who have a prognosis of less than 3 months. This facility will provide an additional location for individual and their families, who, for whatever reason, are unable to remain at home to die but, do not wish to receive their end of life care in hospital. When fully operational, Hospice Miramichi Inc. will employ 40-50 people. All facility staff will have palliative care training.</p> <p>Hospice Miramichi introduced its Outreach Program in June 2013 and volunteers with specialized palliative training are providing practical non-medical care and support to families living with life threatening illnesses with limited prognoses. In addition to this, the organization is also planning a Day Hospice Program at their 14 Howard Street location. This volunteer based program will run between 10 am and 3pm and is offered to palliative patients in the last year of life. Here they will be supported by compassionate, trained volunteers as well as other individuals that are facing similar situations. Activities and lunch will be planned with the goal of bringing a level of normal living to these individuals faced with end of life situations.</p>

	<p>Connie Doucet RN, CHPCN(C) Executive Director/Volunteer Coordinator Hospice Miramichi</p>
<p><u>Grief and Bereavement</u></p>	<ol style="list-style-type: none"> 1) The Monday following the death of a patient in the Hospital Palliative Care Service, a sympathy card is sent to the next of kin 2) 2 weeks following the death, a grief package is sent to the next of kin which includes information about grieving, grief support group info, inspirational readings (near Christmas, coping with the holiday brochure) 3) 2 weeks following, the Palliative Coordinator calls the next of kin for follow-up support. The comments are then shared monthly with the staff. 4) 3 months following the death, the next of kin is sent the FAMCARE survey 5) Memorial Service is 3 times a year. <p>EMP sends out a grief package approximately 2 weeks following death. They have 2 memorials a year with approximately 75 people being remembered.</p> <p>The Palliative Service has identified a need for resources for parents on how to talk to their children about death. A Guidebook has been developed and is in the approval process. There are chapter books and brochures offered by other regions. This guidebook has been reviewed by a Child Life Specialist and IWK Palliative Nurse.</p> <p>The Palliative Service is also working on creating a Therapeutic Children’s Library in both languages and different age levels of books that cover the topic of death and dying.</p>