



The New Brunswick Hospice Palliative Care Association hosts:

REDEFINING PALLIATIVE CARE

April 27-28, 2017

What does palliative care mean in 2017 and beyond ...

Delta Beauséjour Moncton
750 Main Street
Moncton, NB E1C 1E6
(506) 854-4344

Registration fee: \$250
Volunteers: \$80
Registration deadline: April 14, 2017
Late registration fee: \$300

REGISTRATION: www.nbhPCA-asPNb.ca or by mail using attached form

Target audience: Nurses, physicians, other healthcare providers, volunteers and others with an interest in palliative care.

Thursday April 27, 2017

Friday April 28, 2017

0800-0830 REGISTRATION

0730-0800 REGISTRATION

0830-0845 WELCOME

0845-1015 INTEGRATING PALLIATIVE CARE IN ONCOLOGY CARE (E)

Dr. Bernard Lapointe, Director, Palliative Care McGill, Chief, Palliative Care Division Jewish General Hospital, Montreal QC.

Dr. Lapointe will review recent literature and research on the role of early palliative interventions in cancer care, newer ASCO guidelines integrating palliative care into standard oncologic practice, and practical ways to implement these recommendations.

1015-1045 BREAK

1045-1145 A CULTURAL SAFETY PERSPECTIVE ON PALLIATIVE CARE FOR INDIGENOUS PEOPLES (E)

Amanda E. R. Rogers, BScN RN, MN Student, University of New Brunswick

A cultural safety perspective will frame a discussion about the provision of palliative care to Indigenous peoples in Canada. The sociohistorical context and healthcare (in)accessibility are necessary considerations for Indigenous peoples receiving palliative care services. Broad Indigenous and localized Wolastoqi beliefs of death and dying will be explored. Relevant connections will be made to clinical practice to enhance the provision of culturally-safe palliative care.

1145-1300 LUNCH

1300-1400 INTEGRATING PALLIATIVE CARE IN THE ICU (E)

Dr. Deborah J Cook, Critical care physician, St Joseph's Hospital, Hamilton ON

Dying is recognized as a universal life passage, and creates an existential crisis for some persons. Dr. Cook will present the 3 Wishes Project, designed to try to bring peace to the final days of a patient's life and to ease the grieving process for patients, families and clinicians. This presentation will suggest simple ways to compassionately integrate the principles of palliative care into practice.

1400-1500 MOTIVATING TEAMS WITH INSPIRED LEADERSHIP (E)

Mike Hayes, Changing Leaf Inc.

Leadership in its most basic form is about positively influencing others. In this presentation, you will learn the 10 characteristics of a positive influencer that make a person into a leader worth following.

1500-1530 BREAK

1530-1630 WHAT'S NEW IN PAIN MANAGEMENT (F)

Dr. Bernard Lapointe, Director, Palliative Care McGill, Chief, Palliative Care Division Jewish General Hospital, Montreal QC.

Dr. Lapointe will review pain management with opioids, including methadone, adjuvants, ketamine and lidocaine, explore whether the new chronic pain guidelines apply to palliative care, and present any new options for the treatment of pain.

0800 – 0900 PALLIATIVE CARE AFTER THE LEGALIZATION OF MEDICAL AID IN DYING (E)

Dr. David Henderson, President, Canadian Society of Palliative Care Physicians.

Dr. Henderson will review the definitions of MAiD and Palliative Care and explore how the two will inevitably interact. He will discuss non-abandonment, support and the future of these entities. A case discussion will be used to explore the intricacies of discussing MAiD and some of the emotional consequences of this new interaction.

0900-1015 ANNUAL GENERAL MEETING

Dr. Renée Turcotte, President NBHPCA

1015-1045 BREAK

1045-1145 SELF CARE IN PALLIATIVE CARE (F)

Dr. Marie Ève Gagnon, Psychologist Vitalité Health Region

This presentation will explore the essence of mindfulness and how this practice can be helpful to health care providers

1145-1300 LUNCH and AWARD OF PRIZES

1300-1400 INTEGRATING PALLIATIVE CARE INTO PRIMARY CARE (E)

Dr. David Henderson, President, Canadian Society of Palliative Care Physician; Cheryl Tschupruk, Nova Scotia Provincial Palliative Care Coordinator

This presentation will aim to define Integrated Palliative Care and discuss how this can be implemented on a provincial level using Nova Scotia Provincial strategy as an example.

1400-1500 MARIJUANA 2.0 (E)

Dr. Andrea Burry, Trauma Healing Centre

There has been increasing interest in the endocannabinoid system and a targeted approach to the use of cannabis derivatives based on strain specific pharmacology for the treatment of various symptoms. This presentation will aim to review the evidence for the use of cannabis derivatives with a focus on palliative care as well as practical issues such as access, availability, dosing and monitoring of effectiveness.

1500 CLOSING REMARKS

Note: (E) – presentation in English
(F) – presentation in French

*Lunch and breaks provided both days
Simultaneous translation offered for all sessions*

